

## Join Us

If you enjoy theatre, why not join us and benefit from membership:

- ✓ Half price personal tickets for Questors productions\*
- ✓ Discounted Guest tickets when you bring friends to Questors productions\*
- ✓ Children's FREE tickets†
- ✓ Opportunities to be actively involved in our productions
- ✓ Opportunity to audition to join our company of actors
- ✓ Exclusive or discounted training courses
- ✓ Access to *iQ* – the members-only website: [members.questors.org.uk](http://members.questors.org.uk)
- ✓ Access to exclusive news on *iQ* and email newsletter
- ✓ Receive the regular programme leaflet
- ✓ Membership of The Grapevine Club
- ✓ Special invitations, events and offers not available to the public
- ✓ Ticket reservation facility (conditions apply)
- ✓ Voting rights in the company

*\*Reduced prices exclude certain events. †Under 18, excludes certain events, maximum four per event. Must be collected at the performance and accompanied by the member.*

### Getting the most from your membership

We have a wide range of opportunities for you to become actively involved front-of-house or backstage. Volunteer help is always needed for selling programmes or stewarding, and training is provided if you'd like to work in Box Office with our computerised system. To meet members in a social setting, volunteer to help behind the Grapevine bar. Backstage staff including stage managers, prop makers, set builders, sound and lighting designers and operators, painters, wardrobe and costume and set designers are always welcomed; whatever your skills, we'll find a place for you. We also have courses for those wishing to direct.

The Questors has a high standard of acting and, to maintain this, everyone wanting to act must first take an audition. These are held every month – call the Theatre Office for details of forthcoming auditions.

### The Questors Youth Theatre – QYT

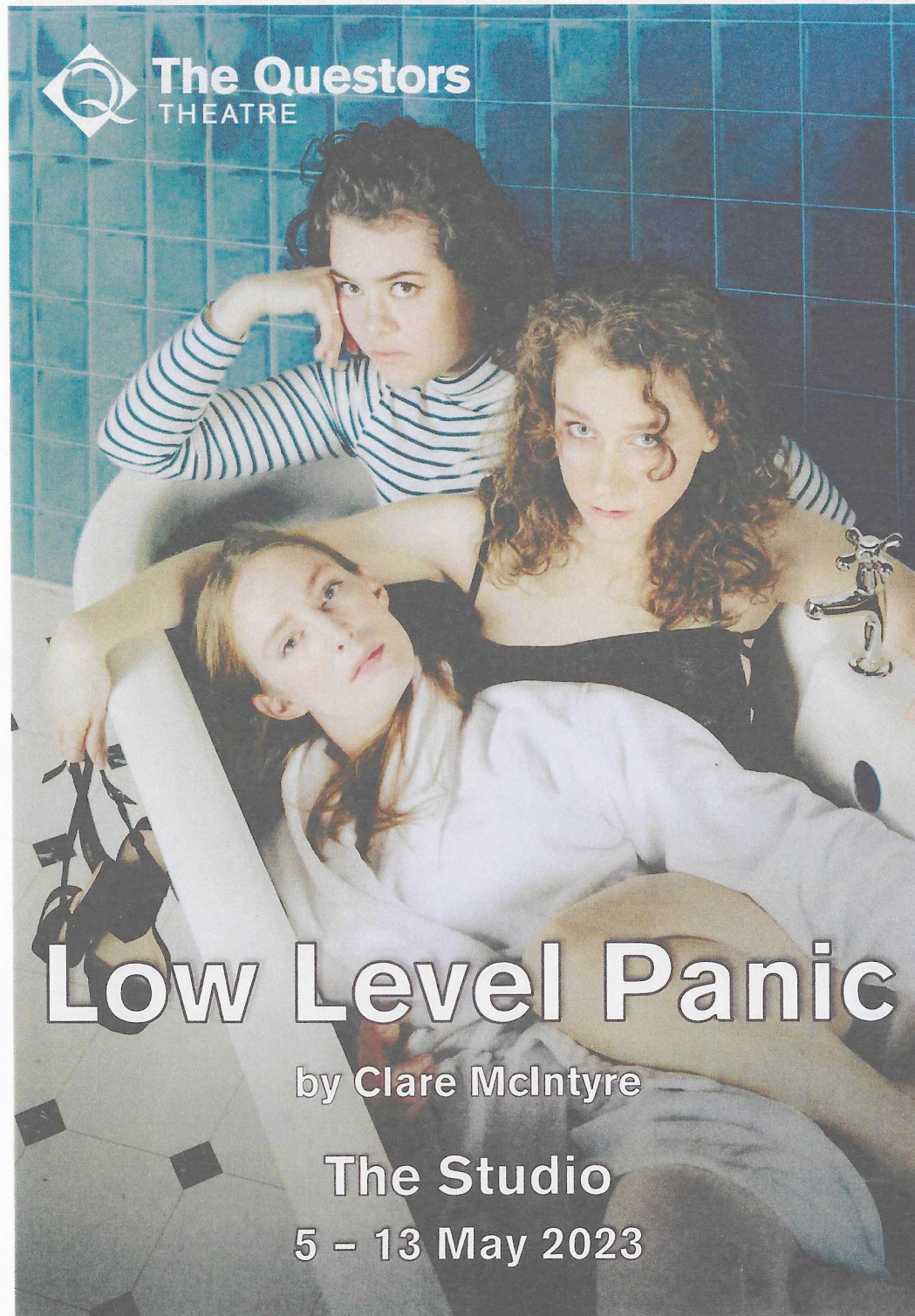
Our Youth Theatre, QYT, runs weekly drama classes for all ages from 6 to 18. Younger groups meet on Saturday mornings and older ages at weekday teatime. There's often a waiting list for membership, so put your name down now! Details are online at [questors.org.uk/qyt](http://questors.org.uk/qyt).

The Questors Theatre  
12 Mattock Lane, Ealing, W5 5BQ  
Registered Charity No. 207516

Programme: Nigel Bamford  
Theatre Office: 020 8567 0011  
Box Office: 020 8567 5184  
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The Questors  
THEATRE



# Low Level Panic

by Clare McIntyre

The Studio

5 – 13 May 2023

## Fields at The Questors

Fields at The Questors serves Italian coffee, fine teas, snacks and handmade cakes, and is the perfect spot for a pre-theatre café stop or interval ice-cream.

Place your interval order before the show to beat the crowds.

Open before and during the interval of all Judi Dench Playhouse evening and matinee performances.

Find **Fields** on **Facebook**.



## The Grapevine Bar

The Grapevine is our friendly club bar open to Members and Friends of The Questors Theatre and their guests, as well as audience members on show nights.

The club is open six nights a week and Sunday lunchtimes, and is managed and staffed entirely by volunteers.

We are the proud holders of a Cask Marque award for the quality of our real ales, we appear in the 2023 edition of The Good Beer Guide and we are **CAMRA West Middlesex Club of the Year**. A choice of at least three real ales is usually available, including Fuller's London Pride. We also provide a range of draught lagers and ciders, as well as wines, spirits and soft drinks – all at very reasonable prices.

Opening Hours (subject to change):

7:00 pm – 11:00 pm (Monday – Saturday)

Sunday lunchtime: 1:00 pm – 3:00 pm

See [questors.org.uk/grapevine](https://questors.org.uk/grapevine) for more details.

**Fields and the Grapevine accept payments by card.**

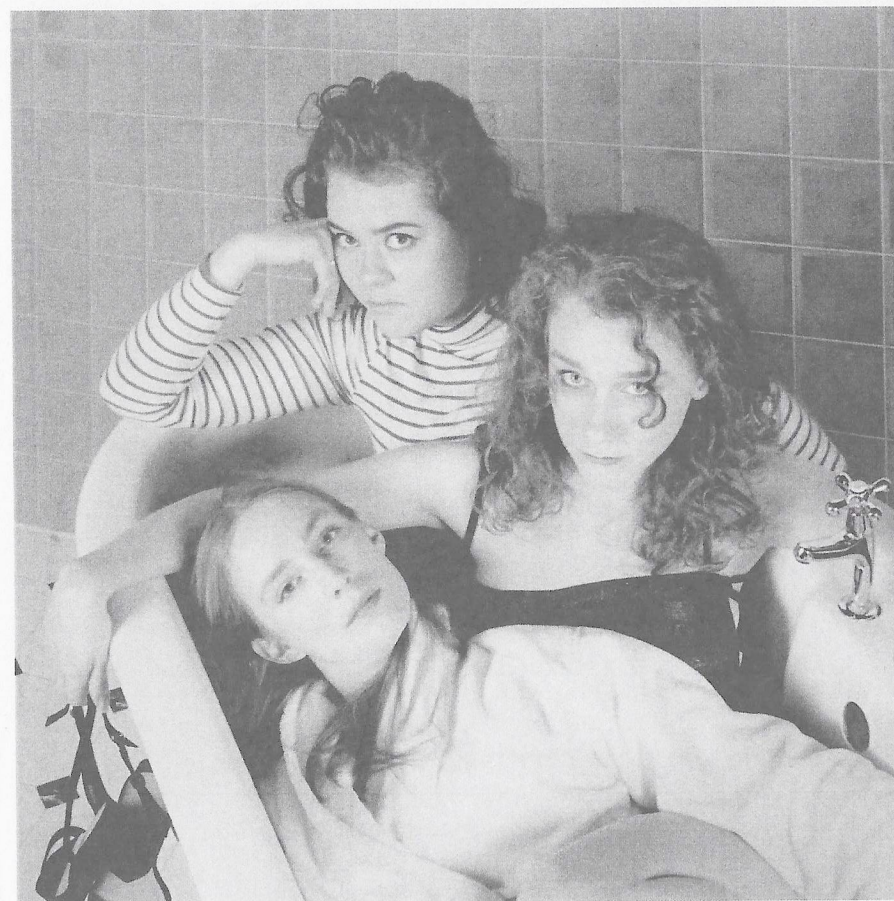


image: Carla Evans

## Low Level Panic

by Clare McIntyre

**The Studio**

**5 – 13 May 2023**

# LOW LEVEL PANIC

Lindsay Clare McIntyre, born July 1952, was a British playwright and actress. She was among the extraordinary generation of British feminist playwrights who contributed to the deconstruction of traditional forms of female representation. She debuted on the British feminist theatre scene as an actress in the 70s and emerged as a writer with allegiance to feminist issues a decade later.



McIntyre was born in Harrogate and grew up in Woldingham, Surrey, later moving to Manchester to study drama at the University of Manchester.

She started working in acting with the Nottingham Playhouse's theatre-in-education team, and later joined the feminist Women's Theatre Group as a performer and deviser. Before devoting herself to full-time feminist playwriting, she also played minor roles in films such as *The Pirates of Penzance* (1983), *Hotel du Lac* (1986) and *A Fish Called Wanda* (1988). In the following years, she wrote for the stage, but also for television. She contributed to the British soap operas *EastEnders* and *Castles*, and radio with *Walls of Silence* and *Noisy Bodies*. She taught on a postgraduate playwriting course at the University of Birmingham from 1991 to 1998.

Clare McIntyre died of multiple sclerosis in 2009 at the age of 57, 24 years after she was first diagnosed with the disease.

*Low Level Panic* had its premiere 35 years ago in 1988 at the Royal Court Theatre, when it won the Samuel Beckett Award. Her next play, *My Heart's a Suitcase*, won Clare McIntyre the Evening Standard Most Promising Playwright Award. McIntyre's other theatre pieces include: *I've Been Running* (1986), *No Warning For Life* (1992), *The Thickness of Skin* (1996), *Bob's Play* (1999), *The Changeling* (2001) and *The Maths Tutor* (2003).

I first saw this play at the Orange Tree about six years ago and I fell in love with it. Clare McIntyre's play is about how society's objectification of woman was and sadly still is a problem today. Although the play is set in the 1980s there is nothing dated about the low level panic core message: what is the world's perception of women and how they in turn view themselves.

Set in a bathroom, Clare McIntyre's acclaimed and award-winning play is a bright, warm, sometimes wet and messy, dark comedy about three young twenty-something women who figure out how they feel about sex, their bodies and each other. *Low Level Panic* explores female experiences in our world and the objectification, fear and challenges these young women face daily.

*"Over a quarter (26%) of young women aged between 16 and 24 years old report having a common mental health problem in any given week."*

*"1 in 4 women have been raped or sexually assaulted as an adult."*

*"The highest ever number of rapes within a 12-month period was recorded by the police in the year ending 2022 was 70,633."*

*"In that same time period, charges were brought in just 2,616 rape cases."*

*"A failing justice system ... Only 1 in 100 rapes recorded by police in 2021 resulted in a charge that same year. Let alone a conviction. Despite high rates of rape, charging and conviction rates remain among the lowest since records began."*

## **Rape Crisis: England and Wales**

*"According to a study commissioned by Dove, only 4% of women around the world would describe themselves as beautiful. 72% of young girls included in the survey say they feel 'tremendous pressure to be beautiful' and more than half (54%) agree that, when it comes to how they look, they are their own worst critic. Another study found that 97% of women have negative body thoughts each day, on average every 15 minutes."*

## **Lisa Elaine's Stories**

**Pamela Redrup, Director**

# LOW LEVEL PANIC

by Clare McIntyre

*First performance of this production at The Questors Theatre: 5 May 2023*

## CAST

in order of appearance

Mary	<b>Lily Baker</b>
Jo	<b>Hollie Hurrell</b>
Celia	<b>Maddy MacConnol</b>
A	<b>Quinn Goodliffe</b>
B	<b>Rajeev Soni</b>

The play lasts approximately 1 hour and 10 minutes with no interval

Please turn off all mobile phones and similar electronic devices. The use of cameras, video cameras and recording equipment is strictly prohibited.  
Thank you.

## PRODUCTION

Director	<b>Pamela Redrup</b>
Set Designer	<b>Cecily Johnson</b>
Costume Designer	<b>Adina Elmasry</b>
Composer	<b>Emerson Bramwell</b>
Lighting Designer	<b>Emma Hunt</b>
Sound Designer	<b>Jane Arnold-Forster</b>
Stage Manager	<b>Jane Casey</b>
Deputy Stage Manager	<b>Clare Waldoock</b>
Assistant Stage Manager	<b>Paula Robinson</b>
Properties	<b>Sue Collins, Jane Casey</b>
Properties Maker	<b>Ian Black</b>
Prompter	<b>Anne Sawbridge</b>
Choreography	<b>Julia Timmons</b>
Lighting Mentor	<b>Andrew Whadcoat</b>
Lighting / Sound Operator	<b>Sue Lowndes</b>
Lighting Rigger	<b>Terry Mummery</b>
Set Decorators	<b>Ian Black, Bron Blake, Ella Jackson, Margaret Johnson</b>
Get-In Assistants	<b>Roger Brace, Mike Chislett, Ben Hart, Robert Walker, Lloyd Wallis, Jon Webster</b>
Photographer	<b>Carla Evans</b>
Videographer	<b>Maya Jagger</b>
Thanks to	<b>Laurence Stant, Nigel Worsley</b>

# Biographies



## **Lily Baker** – *Mary*

Lily did seven years of training with Stage2 Youth Theatre while growing up in Birmingham before moving to London to study English Literature at Queen Mary University. She then joined Questors Student Group 74, appearing in *Loveplay* before graduating last July with her performance of Lady Bracknell in *The Importance of Being Earnest*. As well as acting, she also enjoys ice skating, playing the trumpet and performing close-up magic, and she lives on a narrowboat. She is currently seeking representation.



## **Hollie Hurrell** – *Jo*

Hollie became a member of The Questors last year and is excited to appear in her second show. Her lucky introduction to The Questors was through a new writing showcase, held by Company BE in the Playhouse in October 2021. Hollie trained with The London Meisner Company and keeps up her training as a member of their masterclass. Most recently, she appeared on stage here in *Peregrine Proteus*, as well as leading multiple short films this year. She is currently seeking representation.



## **Maddy MacConnol** – *Celia*

Maddy is excited to be returning to the Questors stage as Celia in *Low Level Panic* after three years away studying Drama and Theatre Arts at University of Birmingham. Her previous performances at The Questors include Liza-Lu in *Tess of the d'Urbervilles* in 2018 and Sven in *Mother Goose* in 2017.

## **Quinn Goodliffe** – *A*

Quinn's first play at The Questors was *The Duchess of Malfi* in 2014, and he has since played a part in productions such as youth theatre, pantomimes and Shakespeare plays. Quinn was last seen here in *Hangmen* and was Assistant Director on *King Arthur and the Twelfth Knight*.

## **Rajeev Soni** – *B*

Rajeev is an actor and writer trained at the Actors Studio. He has studied everything from Shakespeare First Folio Technique, improv, clowning, voice acting to advanced screen acting. He recently acted in a short film entitled *Violet*, as well as continuing to write a play under the guidance of Rikki Beadle Blair MBE. Rajeev has a passion for theatre and has appeared at The Questors in: *Rafta, Rafta; Multitudes; and India Gate*.

## **Jane Arnold-Forster** – *Sound Designer*

Since joining in 2005, Jane has turned her hand to most aspects of making theatre. This is her second show on which she has been Sound Designer. Happily, given some of the complexities of the design, it's the first for which she hasn't also had to stage manage! She is greatly enjoying being part of the sound team. A new challenge with wonderfully supportive colleagues.

## **Emerson Bramwell** – *Composer*

Emerson is a composer and sound designer with a background in drums and percussion. He has composed original music and designed sound plots for a variety of productions over the last seven years. Most recently, he composed the theme music for *God of Carnage*, designed the sound of a spectral train for our production of *The Ghost Train* and created immersive soundscapes for *Apologia, Hangmen, Death and the Maiden, Peregrine Proteus, A Doll's House* and *Much Ado About Nothing*.

## **Adina Elmasry** – *Costume Designer*

Adina came to The Questors for an open day about five years ago, whilst looking for something different to do, having just retired. She was absolutely fascinated with the wardrobe department and soon met the wonderful and inspiring Jenny Yates who gave her the sage advice to do what she enjoyed; so that is what she does. Adina loves making period and fantasy costumes especially the evil female leads in the panto, although this is her first foray into costuming a show. It has turned out to be a lot more complex than she expected, after the amazing ladies in wardrobe had made it look so easy.

### Emma Hunt – Lighting Designer

Emma is excited to make her Questors lighting design debut on *Low Level Panic*, after deputy stage managing *Murder on the Nile* earlier in the season. Previous lighting design credits include *Lightning Thief* (French Woods Festival), *Legally Blonde* (Edinburgh University Savoy Opera Group), *Chicago* (Edinburgh University Footlights) and *Three Sisters* (Edinburgh University Theatre Company).

### Cecily Johnson – Set Designer

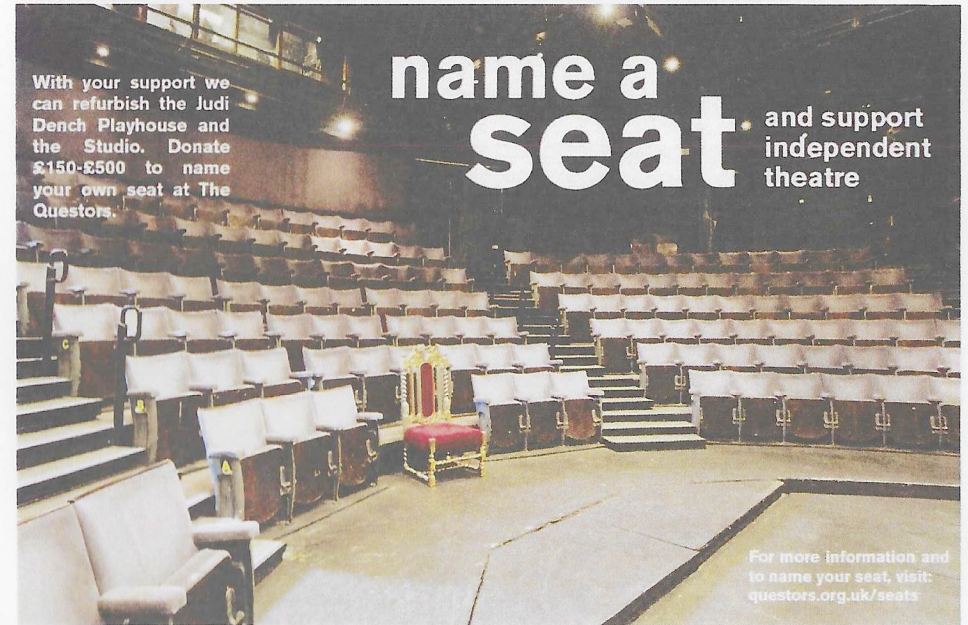
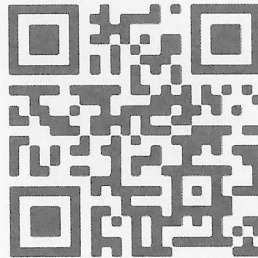
Cecily has been a member since 1995, with thirteen years in the Questors Youth Theatre. She has since worked backstage in props, lighting and stage management, but mainly takes on scenic painting and construction – most recently for *The Ealing Club*. You can also frequently find her behind the bar in the Grapevine.

### Pamela Redrup – Director

After many years spent backstage, Pam directed her first show, Noël Coward's *Present Laughter*, in 2011. She has since gone on to direct *Blue Remembered Hills*, *House & Garden*, *Jack and the Beanstalk*, *The Crucible*, *Pygmalion*, *Mother Goose*, *Not About Heroes*, *Robin Hood* and *Snow White*.

## Show Feedback Form

Your thoughts and opinions are important to us. Please scan the QR code with your camera phone to fill out our anonymous show feedback form. This is so we can continually improve our audience experience and our productions. Thank you so much for coming to visit The Questors Theatre. We hope that you enjoyed the show.



## Next at The Questors

### ARCADIA

by Tom Stoppard

3 – 10 June 2023

#### The Judi Dench Playhouse

Two contemporary scholars, Hannah and Bernard, set about a Derbyshire country estate, piecing together clues recalling events of 1809. What really happened to Thomasina Coverly, a gifted student, 180 years ago at Sidley Park? Thomasina proposed an extraordinary theory. Around her, the adults, including her tutor Septimus, were preoccupied with forbidden desires, illicit passions and burning rivalries. *Arcadia*, is a tale where past and present come crashing together to search for an elusive truth.

### THE CONTINGENCY PLAN

by Steve Walters

6 – 17 June 2023

#### The Studio

From the battleground of climate change, *The Contingency Plan* is a double bill of timely plays depicting an England from the near future amid cataclysmic floods. Each play stands alone, but in conjunction they are a courageous, crucial and chilling portrait of an approaching climate emergency. See the website for performance dates and a combined ticket deal for *On the Beach* and *Resilience*.