

The Questors Theatre

Presents a QExtra Event Monday 25 February 2019

Poetry Tonic!

Poems to get you through February & March

Revive the spirits with some inspiring words from Questors' poets, Nigel Lawrence and Robert Seatter, accompanied by guitarist Graham Brough.

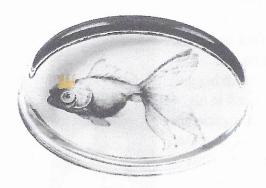
Fresh and funny, evocative and intriguing, these poems are guaranteed to get you thinking and feeling about things differently...



Heard the one about the goldfish that tries to save the earth or the rabbit that joins a Boy Band? Nigel's surreal and antic poems will have you looking at your household pets as never before.

February is the month of love, so these two poets ring the changes in love's multiple moods - from breathless first encounter to the trials and wonders of domestic routine, and right out the other side to loss, parting and angry invocation.

There's a pinch of self-help to this evening too – 21 ways in fact to change your life, plus a specially composed two-hander poem written for this evening, along with poems on family, music and - it being Questors - theatre!



It's all mixed in with Graham Brough's skilful guitar accompaniments, combining mood and theme with lyricism and flair. They include an injection of authentic tango (he's just back from Spain) with his own original compositions.

Robert Seatter

Nigel Lawrence

Graham Brough

Lighting designer **Lighting Operator** Stage Manager/

Andrew Whadcoat

Lizzie Turner

QExtra Coordinator Sue Collins

Running time: 1 hour (no interval) This is a ticket free event with a collection for QRenew on exit

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Biographies

Robert Seatter has published four poetry collections: Travelling to the Fish Orchards, On

the Beach with Chet Baker, Writing King Kong, and The Book of Snow. A new book, The Museum of

Everything is due out in 2020. He has won many awards and nominations for his poetry including National Poetry Competition, London Poetry, Forward Poetry Prize and Housman Poetry Prize. His work has appeared in many publications, magazines, on TV and radio, and even the London buses.



Nigel Lawrence has been an acting member of The Questors for over 30 years, and

imagine the world

last appeared on the stage here in 2018's HAY FESTIVAL production of Tess of the d'Urbervilles. A graduate of the UEA creative

writing MA, Nigel's work has appeared in a number

of publications. He has also 'performed' at the Hay, Sherborne and Ilkley

literature festivals. Awards also include a commendation in the National Poetry Competition.



festival

Graham Brough has been a guitarist and double bassist for four decades. After classical and flamenco tuition in Derbyshire and Granada he got regular work in a Spanish guitar duo, then played jazz guitar to much bigger

audiences via a Midlands-based music agent while still in his teens. He maintained regular paid performances alongside his university studies, supporting Paul Young, Joe Jackson and the Rezillos. He was a session guitarist in the 90s with the British R&B producers of Eternal, Craig David, the Honeyz and Alesha' Dixon's Mis-Teeg and has performed with US soul legend Jocelyn Brown and her band. Graham's music has been recorded by members of the Pretenders, the Little Angels and

the Johnny Cash and Taylor Swift bands. He has scored art films and, as a jazz musician, has played festivals in the UK and Germany and appears regularly at

London's 606 jazz club.

